

Youth Forum Service Project 2018

Female Empowerment Packages

February 12 to May 28, 2018

Most of us can get a nice hot shower when we need to without worrying that there will be soap for us to use. Or we can know with certainty that there will be a toothbrush and toothpaste in your bathroom drawer or tampons and pads under your sink for that time of the month.

In reality, at least 150,000 Canadians a year use a homeless shelter at some point, and at least 30,000 Canadians are homeless on any given night. At least 50,000 Canadians are part of the "hidden homeless" – which means they could be staying with friends or relatives on a temporary basis as they have nowhere else to go. This means they likely do not have access to the basic necessities needed to maintain a proper hygiene. For women and young girls, this is an even more dire situation, not only in Canada but all around the world. Not being able to stay clean can have a serious effect on girl's health and self-confidence.

The Youth Forum has put together a service project that will help empower young women and get them these items necessary to maintain a healthy and clean body. Designed to be completed as a bridging activity within your District or community, each Branch will be tasked collecting different hygiene products ranging from soap and face wash to feminine hygiene products. Everyone will also collect previously loved purses which will be used to make care packages. Once items are collected all Units may participate in a purse filling night to put the packages together.

**To register your District/Community/Unit for this challenge,
please contact youthrepem@ggcnf.org**

Each District group will receive an information packet on the items they will be collecting along with what section of their program this service project will complete, and information concerning women's struggle with access to personal hygiene products.

A Youth Forum Service Project crest will be available, ordered through the Youth Forum at the email address above.

This service project will run to May 28th in correlation with Menstrual Hygiene day.



Care Kits for Women

- Different branches collect different items, all collect lightly used purses
 - Sparks – Soap, Face clothes, Face wash
 - Brownies – Tooth paste, Tooth Brushes, Floss, Mouth wash
 - Guides – Shampoo, Conditioner, Hair Brushes, Hair ties, Hair Spy, Deodorant
 - Pathfinders – Tampons, Pads, Liners
 - Rangers – Tampons, Pads, Liners
- Host a meeting (possibly during the week of March 4 – 10) to come together and fill purses with collected items
- As a District fill as many purses as possible
- Donate all collected items to your local women’s shelter

