



NEWS FOR YOU

NEWFOUNDLAND & LABRADOR, SPRING 2014

Remembering a founding Member

**Golden Gems Trefoil Guild
Submitted by Louise
Noseworthy**

We were saddened in June with the passing of one of our founding Members. Sonia Leaman fought a courageous battle with cancer over the years, but it never stopped her from participating in all of the volunteer organizations she was involved with. She was outstanding during her years of Guiding, making sure girls and leaders experienced to the fullest what the Guiding Movement had to offer them. She is missed.

During the summer we helped cook and serve hotdogs, hamburgers and drinks during the Mount Pearl City Days BBQ at Power's Pond. In November we had a potluck lunch. During December we helped serve hot dogs and drinks to the participants of the Mount Pearl Lions Club Santa Claus Parade and attended the Marconi District Christmas social.

In January we had dinner at a local restaurant (a delayed Christmas social due to the weather being so uncooperative in December). In February we helped out at the Breakfast with Frosty that

is hosted by Marconi District Girl Guides. We also teamed up with the Marconi Connexions Trefoil Guild to

host the Battle of the Brains Trivia Night during the Mount Pearl Frosty Festival.

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Breakfast at Frosty Festival



At the Battle of the Brains (Trivia Night during Frosty Festival Feb 2014)



Greetings from the Provincial Adviser

Honestly....where have the past five years gone? It is hard to believe this is my final greeting as the Provincial Trefoil Adviser. My five year term, which concludes May 2014, has been a truly amazing experience. The sense of sisterhood that fills the Trefoil Guild will carry with me. The deep connection that we all share is one that is often unspoken and stems from many, many years of service and friendship.

Throughout my five years I have enjoyed speaking with you in person and/or corresponding by email or phone. I have also enjoyed visiting Guilds and hearing and reading about all the good things happening in Guilds within the province. I will remember this time fondly and feel fortunate to have had these experiences. As I sign off, I would like to express my sincere gratitude to the Guild Presidents for their support. I would also like to recognize Wanda Garrett,

Editor – News for You and Gloria Learning, Proof Reader – News for You and Secretary for the Presidents meeting, for their help. It was very much appreciated.

Thank you all for Keeping the Spirit Alive

In closing, "The greatest gift in life is Friendship, and I have received it."

~Hubert H. Humphrey

Margaret Breen
Provincial Trefoil Adviser

Welcome

...to our newest Trefoil Guild – The Purple Hats Trefoil Guild, Trefoil Central Area

Deadline

The deadline to have articles (with pictures) in for the next issue of *News for You* is **August 24, 2014.**

Announcements

2014 Provincial Gathering

The Can-Ta-Ka-Ye-Trefoil Guild is hosting the 18th Provincial Trefoil Guild

Gathering, at the Lion Max Simms Memorial Camp, May 23rd – 25th, 2014.

2016 National Gathering

Newfoundland and Labrador will host the 2016 National Gathering from June 15th – 19th. All delegates will live in the new residences at Memorial University with sessions taking place in various campus

buildings.

Now's the time to get that bank out and start saving. It's easier to put a \$1.00 aside daily than come up with two (2) installments of \$250.00 or so.



Mediterranean Adventure

L.O.L. Trefoil Guild
Submitted by JoAnne Taylor

LOL Trefoil has continued the 2013-2014 biweekly fun. Some of the highlights include: Halloween the first of October, trip of a lifetime overseas, annual Christmas dinner and New Years Eve just to mention a few of the fabulous events we have had over the past several months.

Halloween brought out some scary creatures that even frightened the pumpkins in the field. Best costume was awarded despite there being many awesome costumes to choose from. There was a competition for best Halloween food creation, which tasted awesome, but looked grotesque.

Most of our Trefoil Guild Members took part in an overseas Mediterranean Adventure. Seventeen days of sightseeing, fun and friendship touring the historical wonders of the world in Rome, Italy and a cruise to many places surrounding the Mediterranean. The Gladiators never knew what they were up against.

Our traditional Christmas dinner catered by Elizabeth Dawe and Joan Osmond was delicious as always. A spread fit for a bunch of Queens. The excitement of laughter echoed the halls with every secret Santa gift being opened and all the items in our big Christmas stockings. It felt and looked like Christmas morning.

The fun never ends with New Years Eve in late January. I don't think we will ever recover after the ugly sweater creations and the game "fan the ornament". Celebrating a night that traditionally is about getting together with great friends captivates the many years we have been enjoying Trefoil Guild and will continue to enjoy it for many years to come.



Some scary creatures!



Mediterranean
adventure.



Front row: Wanda, Karen, Cindy,
Barb C., Phyllis, Pat, Martha

Back row: Lisa, Pam, Sara, Susan,
Kim, Barb H., Judy, JoAnne

Expedition to Gros Morne

Fireside Friends Trefoil Guild
Submitted by Sharron Callahan

In addition to our usual meeting times, Fireside Friends has had a few special highlights since September to share with our Trefoil sisters. We began the Guiding year with an expedition to Gros Morne Park, where all the hiking trails had been mapped and scheduled as our challenge. Joan, Barb, and Ann, our more fit hikers, did succeed in reaching the summit of Gros Morne Mountain, while the rest of us with Ann, Joan, and Barb did most of the other trails, even reaching the Tablelands, of which we were all proud. Our trip also included a visit to the Wildlife Museum, Western Brook Pond, Cow Head Theatre, Bonne Bay Station Marine Aquarium, outdoor BBQ, fish fry, and living at the Blue Moose for a whole week. An awesome and exhilarating adventure!

In October we went to Christmas at the Glacier and in November we attended the Tuckamore Area Christmas Dinner.

Later in November, we were dazzled by a Lia Sophia jewelry show, following a delectable dessert party. Santa Jackie helped some of us with our Christmas shopping.

In December, we spent an evening with the Armagh Rhymers at the Rooms. What a

wonderful evening, full of toe tapping music, very unusual costumes, visits from St. Patrick, Slick Slack, Oliver Cromwell, and many more, some of whom were mythical creatures from the rich history of Northern Ireland. The mummers entertained the audience with song, tunes, poetry, speaking in rhymes, and much laughter. Carol and Sharron found themselves on stage, with other folks from the audience, doing a child's game of coordination of clapping, hand smacking, and finger signs, to which we were all in hysterics. It was a great evening of fun, with wonderful audience participation in singing and clapping, including all our Members doing our best in a fine dance number.

In January, our Guild undertook a service project for CASEY (Coalition Against Sexual Exploitation of Youth) by filling 50 bags - made by Guild Members - with Ensure energy drinks (also supplied by our Guild) and numerous other necessary items provided by CASEY. We have since learned that CASEY was delighted and appreciative of the hand stitched bags and touched that someone would take the time to make these bags. They were most appreciative of our help. We hope to make a visit to Marguerite's House sometime later in the year.

We have a bowling evening planned for February.

CASEY Project



At the Tablelands



Armagh Rhymers

An Evening Out

Marconi Connexions Trefoil Guild
Submitted by Kim Norman

After taking a break over the summer, we started up again in September with a backyard campfire to discuss some plans for the upcoming guiding year. Our next get-together was a day at one of our Trefoil Members' cabin with potluck and a hike. We ended 2013, with a beautiful supper at a local restaurant.

After Christmas, we started preparing for the Battle of the Brains, a trivia event for the Mount Pearl Frosty Festival. This event was usually hosted by the Golden Gems Trefoil Guild but Marconi Connexions have taken the reigns this year to come up with the questions and answers. We could not have put off such a successful event without the guidance from the Golden Gems and a big thank you goes out for all their help.

Looking forward to our upcoming events with my trefoil friends.



Centennial Embers Trefoil Guild



Back row: Maxine Genge, Joan Kearley, Hilda Murray

Middle row: Mary Tapp, B. Parsons, Penney Crane, Joan Cook, Susan Patten, Dorothy Rockwood, Marina Osborne, Mabel Manuel

Front row: Jane Laite, Shirley Jennings, Doreen Coady, Joan O'Driscoll, Joyce Manning. Photo taken November 4, 2013

Bring and Buy

Caribou Trefoil Guild Submitted by Carrie Gosse

Our meetings opened in September with 15 Members on the roster. Ten of these ladies are still able to attend the meetings and some other functions. We began the period by having a 'Bring and Buy', the proceeds of which was given to the Hazel Fagan Fund.

In December, 12 of our Members attended a Christmas dinner at a local

restaurant in Kelligrews, afterwards we all gathered at my house for dessert and a game of cards. Rather than exchanging gifts, the girls contributed money to give a Christmas offering to All Saints Parish, Foxtrap in remembrance of departed Members.

In January seven of our Members attended an Area Pot Luck at Con Ba Su, which was very much enjoyed by all.

Material has been sent to all our members concerning the Provincial Trefoil Guild Gathering at the Lion Max Simms Camp. We are looking at the possibility of six girls attending this year.

Doris Bishop visits Mrs. Rita Drake on a regular basis, she resides at Admiral's Coast Retirement Home in Upper Gullies. Mrs. Drake is 93 now and has been very involved with the Girl Guide Movement her entire life.

Recruiting New Members

Killick Trefoil Guild Submitted by Pat Burton

Killick Trefoil held their first meeting on October 2, 2013 for the Guiding year, a great evening of catch up from the summer and 12 Members registered.

Our Treasurer, Denise Walsh, has accepted the position of Treasurer with ConBaSu Area and Dianne Batten has taken on the role of Treasurer for our group.

Sue Garland, one of our Members, holds the position of Deputy

Commissioner on ConBaSu Area as well.

Killick took part in the fall cookie sales, with two Members Pat Burton and Sue Garland, doing door to door sales with our grand-daughters who are Sparks, what fun we had.

We will also make an effort to recruit new Members.

As a service project, we collected items for Street Reach. We contacted the organization to determine what they required this year (hats, mitts, scarves, toiletries) and each Member donated items. Charmaine took a car load to the

Street Reach headquarters.

Our next meeting was dedicated to folding napkins in various ways and finishing making greeting cards we had started in a previous year.

December saw the group have an outing to a dinner theatre group, which was a great night of fun and entertainment.

Our meetings have been planned for the remainder of the year and will include some service projects which we are all looking forward to.

Our Newest Guild

Purple Hats Trefoil Guild Submitted by Marge Gaulton

We held our forming meeting the end of September where we elected the executive and agreed to have a meeting every six weeks to two months. Our second meeting was planned for November and was going to be a rug hooking session in Bay D'Espoir but the meeting had to be cancelled due to weather. It was rebooked for January but once again weather

hampered us from getting together. We tried to plan a meeting for February but scheduling would not allow it so we are looking forward to holding our meeting on March 8. We are keeping our fingers crossed. It is such a long way to travel and, to be fair to everyone, we agreed to take turns and have the meeting throughout the area.

Hopefully the following meeting will be held in Twillingate.



Making Fascinators with Guides

Golden Girls Trefoil Guild
Submitted by Mary Bartlett Smith

At our September meeting plans for the year were begun as we received information that the 2016 National Gathering would be held in St. John's. Guild Member Beth Greene invited us to be a sub-committee to assist her with her role as Tour Planner.

Our catering to Canadian Blood Donor Clinics will continue through the year with clinics to be held in October, December and February and the supper meals we provide are a source of fund-raising. Other plans included agreeing to rent a table at a craft fair held in Norman's Cove each November which is a major fund raiser for us.

In September we met in Placentia with Beatie Thorne offering reflections entitled "In God's Garden" and "Family Memories." Following our meeting, Beth showed us a video on disabilities "All Ways Welcome." Then Molly Coish showed a slide of the pictures taken at the Gathering. We treated ourselves to lunch at a local hotel.

In October we met in Norman's Cove. Reflections were entitled "New Mornings." There was still some business left from the 2013 Gathering such as plans to develop our archive photographs, and our receiving a Certificate of Appreciation from ICROSS Canada for the knitting of comfort dolls and boomer caps for the HIV/AIDS orphans.

Plans for donating items at the November Craft Sale were finalized with some Members volunteering to be available during the sale. It was suggested that we lead an event with a local Guide group which would include presenting a Canadian flag for their flag stand, teaching dances and songs, and providing a craft of creating fascinators using headbands, silk flowers, tulle ribbon and curling ribbon. We had already approached the office of MP Scott Andrews and received the donation of a Canadian flag.

Guild Members Beth, Myra, and Nancy attended the Committees Conference on behalf of Eastern Bays Area and gave brief reports to Members which included



Card making

changes to Girl Guides of Canada, inclusivity, improving communication, updating the "Fit for Life" challenge, developing an "Our Story" challenge and another to celebrate the 100th anniversary of Beaumont Hamel.

The special activity for our meeting was Pat Hapgood sharing her experience of traveling to England as she pulled out memories from a red Buckingham Palace Bag. She stayed at Pax Lodge as well as other Girl Guide historical places such as Brownsea Island. She read from a very informative and complete diary of her travels and noted visits to Buckingham Palace, Stonehenge, Salisbury Cathedral and other notable historical sites. She brought us back some patches and we had an opportunity to look at some lovely professional photo books. She said it had been "a fabulous adventure."

The November meeting was held in Long Cove where we shared in a lovely Christmas dinner with all the trimmings. Reflections were done by Pat entitled "When trying to be helpful, don't sweat the little things." It was reported that all items were sold at our Craft Fair table. President Mary Smith reported Members of the Guide Movement and Trefoil Guild attended Remembrance Day Observances in uniform. For a special Christmas activity, Pat brought some information from England's Pax Lodge. Friends of Pax

Lodge offered a Christmas 2013 event to fund \$45.00 to fill a tree with doves. We agreed to support this initiative.

Each December local Girl Guide groups sponsor a Memory Tree at the Norman's Cove Community Center which we support. An event with singing and the reading of names was attended by some Guild Members and Mary provided musical accompaniment. After the Christmas meal Dola led us in an afternoon of card making. We made lots of beautiful cards to send out to all our Guild sisters.

Our next meeting, beginning with a pot luck lunch, was held in January at the Community Center, Norman's Cove. Reflections were done by Myra entitled "Time" and "Hugs." After a brief meeting to discuss future plans, we provided activities with the local Guides and Brownies following their openings. Our meeting with the girls went well. We presented them with a Canadian flag by giving it to the youngest girl present and Beth and Nancy talked about the flag. We asked the girls when and where they see the flag, if they've ever carried the flag, the upcoming Sochi Olympic Games, and how to respect the flag (how to stand, not to have the flag touch the ground, etc.). We heard a brief history of how the "Maple Leaf Flag" was created.

Beth taught the girls some international songs, games and dances. We then made fascinators with the girls and guiders. Mary closed with some action songs. We all had a very enjoyable evening with all the girls and guiders wearing their new fascinators as they left for home.



Making fascinators with Guides.

Visit to Woody Island

Can-Ta-Ka-Ye Trefoil Guild
Submitted by Gloria Learning

Our Trefoil Guild started the new Guiding year with a weekend visit to Woody Island, Placentia Bay. Five of our Members (Marg Breen, Margot Walsh, Joan Monk, Gloria Learning and Wanda Garrett) met at dockside in Garden Cove bright and early on a beautiful day for our trip on September 7. After a 40 minute boat ride around some of the coves we arrived and checked in at the lodge. We then had a walk-about and explored a nearby sandy beach before enjoying a lovely luncheon of pea soup and homemade bread. After lunch some of us went on a hike while others tried the wagon ride over the bouncy trail. After dinner we had a traditional Newfoundland Party with live entertainment. Following breakfast the next day, we packed up and started on the boat tour of the islands. We stopped at Muddy Hole, also called Bollard's Town, on Sound Island for a boil up for lunch before heading back to Garden Cove, our departure point to head

home after a weekend of many new friendships and memories.

In October we started our usual monthly meeting and election which left our Members in their positions for another year: President – Gloria Learning; Secretary – Joan Monk and Treasurer – Heather Percy. Our Guild agreed to be the hostess for the Provincial Trefoil Guild Gathering scheduled for May 2014. At each meeting we usually start with supper followed by our regular Guild meeting and then we move to the planning of the Provincial Guild Gathering, which will continue for our group until June. Our Trefoil Guild tapestry is coming along, thanks to Heather Percy and we look forward to the finished product.

Most of our Members attended the Tuckamore Area Christmas Party at the Elk's Club which gave us the opportunity to enjoy a lovely meal, chat with old friends and meet some new ones. One of our Members has not been able to join us due to surgery but we hope it won't be too long before she will be back at our regular meetings



Wanda Garrett, Margot Walsh, Joan Monk,
Gloria Learning and Marg Breen.



Marg Breen, Wanda Garrett, Joan Monk
and Margot Walsh



Healthy aging means exercising for fun.



Thinking Day Tea, 2014



Long Service Awards—over 500 years of service.

500 Years of Service

Crossroads Trefoil Guild Submitted by Deryldene Tucker

September 2013

- * Received and responded to a letter from Rothesay, U.K. Trefoil Guild wanting to be pen pals.
- * Send \$25.00 donation to Betty Spencer Scholarship Fund, in memory of past Member Zina Baird.
- * Ruth explained a course she participated in called "Improving Health My Way". It provides training for anyone living with a condition for which they would like to get some training in caring for yourself (could be pain, disease, mental health, etc.).
- * On the second Tuesday of each month we decided we would get together at the Hut for a social. We will take this time to do scrapbooking on our unit history, bring along our own knitting or craft and have some fellowship for an hour or two.

October 2013

- * We have been investigating a project to help with a palliative care room at the James Paton Memorial Hospital. Ruth Wagg reported that there were plans to do the special room and that they would welcome something mobile, for example music or picture.
- * Several Members attended the Remembrance Day Ceremony at the Cenotaph.
- * Five of our Members served lunch for the

St. John's.

- * Several Members inquired about an Adult Religion in Life pin.

November 2013

- * Certificates of Long Service were presented and we have over 500 years of service in total!
- * We continue to collect stamps for a church project and eye glasses for use in third world countries.
- * In six years, we have made over 600 teddy bears and, so far this year, over 50 knitted dolls for the James Paton Memorial Hospital.
- * Amanda Reid, Public Health Nurse for the area, spoke to us about Healthy Aging.
- * Deryldene gave out packages of information and contact numbers on programs and services offered for seniors in NL.
- * Some of our Members contributed to the mitten tree at the Beaver Hut in aid of the Foster Parents Association.

December 2013

- * Enjoyed a Christmas supper together and attended a Christmas program at the Arts and Culture Centre.
- * Some Members met to do a fresh bough Christmas arrangement.

January 2014

- * Held a luncheon meeting and welcomed back two Members and one new Member.

February 2014

- * Five Members served lunch to the Rotary Club of Gander.
- * We held our annual Thinking Day Tea at the Beaver Hut with 27 in attendance.



Knitted dolls for the James Paton Memorial Hospital

Rotary Club of Gander.
* Our Guild talked about assisting Deryldene with her role as the Drop-in Room Planner for the 2016 National Trefoil Gathering to be held in

Happy Thinking Day

Sou'wester Trefoil Guild
Submitted by Eileen Gale.

I am writing this on Thinking Day so "Happy Thinking Day" everyone!

After a summer break, we got together in September to start another year of fun and fellowship. Our first few meetings consisted mostly of plans, food, chatter and laughs. We helped out with the District Hallowe'en party and enjoyed all the little ghosts and goblins.

For our Christmas project, we collected personal care items, caps, mitts, gloves, and scarves, as well as

Christmas decorations and treats, and presented them to the Bay St. George Women's Centre in Stephenville. They were very appreciative of our efforts. Hopefully we helped make Christmas more enjoyable for some families. We attended the District Christmas Dinner with a gift exchange and our Guild also had one of our own.

We are in the process of making more Breast Cancer pillows for the Chemo/Mastectomy patients at Sir Thomas Roddick Hospital in Stephenville. This has been an ongoing project of ours for many years and hopefully one that we

will be able to continue for many more years to come.

During Guide-Scout week we participated in the Pancake Breakfast for Guiding and Scouting Movements, prepared by the Lions club. We will also be attending the church service on February 23. Our own planned activities with the Chickadee Trefoil Guild had to be postponed because of weather.

Hopefully we will see some of you at the Gathering at the Lion Max Simms Memorial Camp in May.

Patently waiting for spring.

National Trefoil Guild Specialists

Many Thanks!

On behalf of all the Trefoil Guilds in Newfoundland and Labrador, I would like to thank Joyce Perrie for all her support and dedication during her term as National Trefoil Specialist.

Welcome!

We would also like to welcome Kay Dubie from Kanata, Ontario, our new National Trefoil Specialist. We look forward to working with you.



News For You is published twice per year and distributed to all Newfoundland and Labrador Trefoil Guild Members.

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