



NEWS FOR YOU

NEWFOUNDLAND AND LABRADOR, SPRING 2012

Visit with the Chief Commissioner

Crossroads Trefoil Guild

Submitted by Juanita Andrews

Our opening meeting was held on September 16th at a local restaurant in Gander where lunch was enjoyed by all. Meetings were planned for the coming year as well as meetings for the Provincial Trefoil Gathering.

On October 15th Members traveled to Wings Point Anglican Church hall to attend a meeting hosted by Ruth Wagg. Discussions centered on the Chief Commissioner's visit for October 17th, the meeting was followed by a bagged lunch and craft making.

October 17th we enjoyed a visit with the Chief Commissioner Chris Burton. A lunch was held at St. Martin's Hall where Chief Commissioner Burton was presented with a souvenir. While waiting for a flight departure from Gander all of us walked to the Girl Guide Hut and then to the Arts and Culture Centre where we viewed paintings by local artists and especially one of our own Member, Isabelle Blackmore.

Remembrance Day reflections were held on November 9th. Elizabeth Rose and Ann Rowsell did presentations; Elizabeth spoke on a nurse's experience



Members of the Gander Crossroads Trefoil Guild with Chief Commissioner Chris Burton.

during World War II. These ladies also served lunch. Members were reminded to bring items for VON to be presented to the food bank and items for hampers to be given to the mental health case manager for her clients at Christmas time.

December 6th Trefoil Members again came through with flying colours; caps, mitts, scarves, socks, candies, sleepwear, as well as much more were donated for hampers. Food was also brought for the food bank. These items were delivered to the parties concerned and they were overwhelmed by the contribution. Meeting closed with Christmas goodies.

December 21st Trefoil Members met again with Sandra Kelly at her home to make Christmas center pieces. Several were delivered to

Members who were unable to attend. Sandra cut and served a most delicious Christmas cake and tea.

January 7th the regular Christmas dinner was held at Sinbads. During our meeting, plans were finalized for Thinking Day Tea of which two Rangers have volunteered to speak about their own experience in Guiding. The service project for this event will be school supplies to be presented to schools in our area. This will also be ongoing throughout the year.

Planning and preparation for our Provincial Trefoil Gathering to be held May 25th -27th is well under way. We are looking forward to seeing all of you under the purple umbrella where we will be reminiscing about past experiences in Guiding.

(Additional photos on back)

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News Flash

The 2013 National Trefoil Guild Gathering "Soar into the Future" will be held June 12 – 16, 2013 at the University of Regina, Regina, Saskatchewan. Check with your Guild President for further details re application etc.

Deadline

The deadline to have articles and pictures in for the next issue of News for You to Marg Breen is August 24th.

Greetings from the Provincial Adviser

Welcome to the spring edition of "News for You". As I'm sitting here writing this message, the temperature is a balmy -13. The saying goes, if March comes in like a lion, it'll go out like a lamb. I sure look forward to some milder weather myself. At least we can now look forward to Daylight Saving Time with the days getting longer and the sun stronger.

We were honored this past

fall to have a visit from our Chief Commissioner Chris Burton. Chris met with Trefoil Guild Members for a luncheon held at Girl Guide Headquarters and a morning coffee in Gander. Those of us attending thoroughly enjoyed our visit with her.

By now you should have received information on the 2012 Provincial Trefoil Gathering. This year's Gathering will be hosted

May 25th – 27th by the Crossroads Guild. As well as meeting old and new friends, it is a weekend of fun and laughter. I encourage you to get your application in.

Have a great spring and summer and remember to "Keep the Spirit Alive".

Marg
Margaret Breen,
Provincial Trefoil Adviser

Spice Party

Soiree Trefoil Guild

Submitted by Pat Janes

At our first meeting this fall, we decided to go to a local grocery store and have dinner prepared for us. As we watched and chatted, our chef created delicious Hawaiian seafood soup, smoked salmon and toffee apple upside cake. We rather enjoy this way of eating out as we always learn something new.

When we arrived, some of us noticed that the chef was slicing apples for dessert. About ½ hour went by before he actually used them and yet they hadn't even started to go brown. Of course, we questioned this and he told us that he used Royal Gala apples because they don't brown as quickly as others. After boiling the pasta, he didn't rinse it because it was fresh pasta. Then he showed us

how to make our own salad dressing from things in your own cupboard at home. You see why our families love for us to go out ... so we can learn all these new tricks.

In November one of our Members had a "Spice Party". (Shocking, but we had to eat again.) It's amazing how many new different kinds of spices there are and all the great wonderful things you can do with them.

Then we were told about the gigantic Christmas tree at Government House and how they would love to receive some ornaments from Guiding Members. Well of course we couldn't let that pass us by and some of us managed to make a few so we could be represented there also.

A few of us were able to attend the Tapestry of Light at the Church of the

Ascension in Mount Pearl. It was a beautiful night of carols sung by their senior choir. (One of our Members said she was part of this choir and we wanted to make sure she wasn't just lip singing.)

At our last meeting before Christmas, we thought we would like to do something really special for under privileged children. One of our Members came up with the idea of giving to a third world country. So we decided to give donations to the Christian Children's Fund through World Vision. It would enable them to buy farm animals to raise and help feed the family.

Well, now that Christmas is over, let's not forget to continue the spirit for the rest of the year. May everyone be filled with love and happiness in 2012.

Delighted to be Back

Baccalieu Babes Trefoil Guild

Submitted by Mary Greene

The Baccalieu Babes are delighted to be back to another year of Trefoil Guiding. We still have five members. We gathered at Chris' house for our annual Christmas gathering with pizza. Over the past few years we have also participated in a Christmas cookie

exchange, however, this year we decided rather than exchange cookies that we would purchase Wal-Mart gift cards for O'Shaunessey house, here in Carbonear. O'Shaunessey house is a haven for women and their families looking for a safe place to live away from abusive spouses until they can get back on their feet, it is affiliated with Kirby House in St. John's. We challenge all Trefoil

Guilds to do similar projects in their own communities. Just call a shelter and ask what they need!

Some members are actively involved in our local food bank, Society of St. Vincent de Paul as well as our local chapter of the SPCA.

Two Members are looking forward to attending the Trefoil Guild Gathering at the Lion Max Simms Camp.

Twenty Years

Chickadee Trefoil Guild

Submitted by Winnie Marshall and Marg Shea

The Chickadees are twenty years old. Our guild was registered on September 21, 1991. In celebration of this special occasion we donated \$400.00 to the Stephenville food bank to help cover the cost of Christmas hampers. We also went out to lunch at a local restaurant. We have planned another social for later in the year.

We are sorry to report that the Chickadees have lost two dear members, Roxy Hudson our oldest member passed away on November 23rd 2011. She was

98 years old. Olga Pieroway passed away on January 23rd 2012. She was 92 years old. Both the Chickadees and the Souwesters Trefoilers attended and formed a guard of honour at both funerals. We also donated \$50.00 to The Sir Thomas Roddick Foundation Fund and \$50.00 to Girl Guides of Canada "In Memorium Fund" in their memories.

In October our Guild was invited by the Stephenville Rangers to attend a special evening where they asked us to share our Guiding experiences.

For our Christmas project again this year we donated two baskets of homemade goodies to two families who because of ill health were confined to

their homes.

Our members attended the Guider's Christmas dinner in December. We are grateful that we are always included in their social activities.

Food, food!! We also went out for our own Christmas luncheon.

We will be joining the Souwesters to enjoy a get together on Thinking Day. We will be donating \$35.00 to the World Friendship Fund.

We will be attending a church service on Sunday February 26th this year at the United Church.

Our best wishes to Trefoilers all across the province. Enjoy the rest of the year as we strive to keep the spirit alive.



Mabel, Margaret, Florence, Anna, Annie and Winnie.

Celebrating

LOL Trefoil Guild

Submitted by JoAnne Taylor

Happy Halloween: Halloween night is a night of eerie feelings and spells that transform L.O.L. Trefoil women into strange creatures. A winner of best costume is picked, though it is a very hard decision. Competing in various graveyard games turns a scary night into a night of laughter. The table is decorated with cut off fingers, blood dip and delicious Halloween treats.

Helping Fellow Guiding Sisters: Some of L.O.L. Members had the privilege to attend a great night at the Con Ba Su dinner theater.

Christmas: A time when we dress in our finest red and green attire and enjoy the true meaning of Christmas with our secret sister gift giving and a celebration with close friends. A glorious feast of potluck followed by a traditional opening of stockings provided entertainment for the night.

Mumming Night: "Hark what's the noise out by the front door ... KNOCK, KNOCK, KNOCK, any L.O.L. mummers allowed in. A traditional Newfoundland night of dance, music and friends, providing their own entertainment and guess for the night. A typical Newfoundland meal of turkey sandwiches and boiled fruit cake, all watered down by a glass of syrup.

Mexican Night: Mexican Fiesta Night included a limbo dance, the chili race, pin the tail donkey, taking a smack at the pinata and entertainment by L.O.L. Members as they created a unique dance of their own. The decorations, festive drinks and Mexican food all created the ambiance of a Mexican Fiesta. Olay!!!





Exciting Adventures

Fireside Friends Trefoil Guild Submitted by Sharron Callahan

In addition to our regular meetings, our Guild continues to have interesting and exciting adventures and to undertake special community service projects. During this period, we attended the Meet and Greet Social hosted by the Can-ta-ka-ye Trefoil Guild and had a visit from Lucy O'Driscoll who showed us how to Work with Crystals. Most people like to camp in the summer, but not us. So, off to Greentrees we went in September for a weekend of hiking the 5km Skerwink Trail, visiting the Random Passage site which was constructed in 2000 for the filming of the TV mini series "Random Passage", where our tour guide brought the stories of settling in Newfoundland many years ago to life on a misty, cold, and blowy morning, and taking in the Rising Tide production of "Brand New Beat", based on the 1960's Art Andrews Dance Party TV show, where we can only guess as to who laughed and cried the most at the memories of Holy Heart, the nuns, school uniforms, sneaking around to meet boys, first-year university, and the dawn of rock and roll. Overall we had a fabulous camp. In November, we went on a Christmas Craft Fair Retreat where we spent time renewing friendships and enjoying group shopping at the Annual Christmas Craft Fair in Bay Roberts and various other shopping locations in the Conception Bay area. The weekend also included making a duo of beautiful cards under Peg's direction and a very robust and fiercely fought game of scrabble.

By far, the highlight of our time so far this year was our Service Project for Naomi House. On December 10, Members gathered at GGC Provincial Headquarters to prepare a selection of meals for donation to Naomi House, a residence for homeless teenage girls and young women. Shortly after the lunch hour, we began the preparations of peeling vegetables. Of course, we first needed expert instruction from our "head chef extraordinaire", Liz, on the size of the vegetables for use in chili, stew, and soup, all of which had their own dimensions. The cutting and peeling crew did their work, while our sous chefs were all very deep in preparing meat pies, chili, stew, meat balls, meat loaf, and much more. We also finished preparing toiletry bags for distribution to the Centre. In total, we delivered 20 filled toiletry bags, plus a large bag of extra items; 39 meals (all cooked and ready to be eaten or frozen): three trays of meatballs, two meat loaves, one lasagna, five containers of chili; two trays of ribs in BBQ Sauce; three dishes of rice with vegetables; four turkey pot pies (9"); one container of beef stew; four containers of vegetable soup; one tray of macaroni and cheese; and, three Quiche (9"). All was prepared, packaged for delivery and cleaned up in just five hours. 2011 gave special meaning to the Christmas season this year.

So far into 2012, we have had an Origami Challenge Game Night and an International Food Night. Keeping the Spirit Alive is something Fireside Friends does easily!



Gem Trees



Can-ta-ka-te Trefoil Guild

Submitted by Gloria Learning

The Can-ta-ka-ye Trefoil Guild began another year in September with an outing to the Salmonier Nature Park, followed by a BBQ at the home of our President on the Salmonier Line.

Our election of officers was held in October and all positions remained the same for this year: President, Gloria Learning; Treasurer, Heather Percy and Secretary, Joan Monk. We did however add the position of Photographer and Judy Henderson agreed to do this.

Since then we held monthly meetings in October, November, January and February commencing with a supper meeting. We held a Meet and Greet Craft Night at Guide Headquarters where we welcomed other Trefoil Guild Members and each made a "Gem Tree". There was a Trefoil Guild luncheon to meet the Chief Commissioner held on October 11 at Guide Headquarters which was attended by all our members and in November, our Trefoil Guild Members attended a dinner and social organized by the Killick Trefoil Guild to support Con Ba Su Hut. In December we participated in the Tuckamore Area Christmas Dinner and Social where we had the opportunity to meet other Guiders and old friends for a friendly meal followed by a campfire.

Invitations were extended to our Members from Tuckamore Area to attend their Thinking Day ceremony and the annual BP Brunch that will be held at Guide Headquarters the same day.



Getting ready for our Meet and Greet Craft Night—Gem Trees



Meet and Greet Craft Night



Salmonier Nature Park



Can-ta-ka-ye Members at Salmonier Nature Park

New Executive

Centennial Embers Trefoil Guild

Submitted by Marina Osborne

Centennial Embers held meetings in March, April, May, October, November and February. Our meetings were held at various Members homes with most of our 16 members present.

The new executive took office in May

2011: President Joan Cook; Vice President Maxine Genge; Secretary Marina Osborne; Treasurer Shirley Jennings; Hospitality Joan Kearley.

The Guild made donations in memory of our members loved ones. A donation was sent to the World Friendship Fund. As well, a donation

was made to the Sharron Callahan Fund for Girl Guides.

One Member attended the Max Simms Camp. Our potluck supper was cancelled for December 2011 due to the death of one of our members spouse and will now take place on February 6, 2012 at Susan Patten's home.

Together we can Save the Planet

Heritage Trefoil Guild

Submitted by Vera Miller

The Heritage Guild held meetings in October, November, and February. Our membership still stands at ten. Marie Saunders is our new President with Secretary Vera Miller and Treasurer Margaret O'Reilly.

We are presently gathering information about our Guiding years here in Grand Falls and have started a scrapbook. Guild Members attended the rally and area dinner held for Chief Commissioner Chris Burton. Both events were most enjoyable.

Our Guild received a certificate of appreciation from Centennial District for helping the Guides and Brownies with crafts.

Our Christmas luncheon was held at a local restaurant followed with dessert and games at Margaret's. Betty Banfield –a former member joined us.

As per request from Status of Women, we will be knitting bed blankets as our service project for this year. We are also gathering emergency toiletries for them as well. Three of our Members plan on

attending the Saturday sessions at the Trefoil Guild Gathering in May. At our meeting on Feb 9th, we collected our Thinking Day monies. We also held a little ceremony to celebrate "Together we can save our Planet". Each Member lit a candle and spoke about how we could contribute. Guild Members will be attending the Guider-Scouter breakfast and also the Church Service with all Guiding and Scouting Members.

Funds for ConBaSu Hut

Killick Trefoil Guild

Submitted by Pat Burton

The Killick Trefoil Guild had a great fall. Our first meeting was held Sept. 27, 2011, which was a catch up meeting and registration. Our Area is raising funds for ConBaSu Hut and held a walkathon on October 2, 2011. Pat Burton walked and was sponsored by all other Members of the Guild. The Area was also selling bars and all Members of the Guild took bars to help with the fundraising.

On October 18, 2011 the group made a presentation to Ronald McDonald -

\$700.00 worth of gift certificates - this was from monies raised at the Gathering Chinese Auction. After the presentation the group went to supper at Boston Pizza then to a fun night at Girl Guide Headquarters hosted by Can-ta-ka-ye Guild and made gem trees. It was great to meet with other Guilds from our area.

November 9, 2011 was dinner night, Debbie and Patti prepared dinner for the group at Debbie's house, wonderful meal and great company.

November 13, 2011 ConBaSu area held a Soiree (dinner & concert) as a

fund-raiser, all Members of Killick were involved in this very successful evening.

December 8, 2011 the group held their Christmas meeting by going to a local dinner theatre.

We have 13 Members, and our outreach for this year will be buying dishes for ConBaSu hut once the renovations have been completed. A number of our Members are planning to attend the Gathering in Gander in 2012.

Girl Guide Support

Golden Girls Trefoil Guild

Submitted by Mary Smith

The Golden Girls Trefoil Guild has been active during this reporting time. Four meetings were held in September, early and late November, and January. Every meeting opens with a welcome, a time of reflections, sharing a meal, and business meeting. Usually there is some form of activity which adds even more enjoyment to our gatherings. We are active in the community and in supporting projects of the Girl Guide movement.

Reflections: Our reflections have had the following themes: "The Golden Girls," "I'm a Little Teacup," "A Blessing," and "Let Me Share My Dream." These give us time to reflect and discuss particular themes in our own lives and in the world.

Sharing a Meal: This varies from fabulous pot lucks, bringing a bag lunch, and eating out at a local restaurant which provides an opportunity for strengthening our sense of community and enjoyment.

Business Meeting: Our meetings include e-mailing a draft agenda with our minutes so we are well prepared for our meetings. The agenda includes naming the person responsible for reflections, a reminder of what kind of meal we will have, naming business arising and identifying the person responsible for reporting updates, a placed for correspondence where we

share important information from provincial and national as well as report cards and messages sent, reports primarily from our treasurer, new business to be discussed and decisions made, the time and place of our next meeting as well as who will provide reflections and ideas for activities, adjournment and the day's special activity.

Activity: Following our business meeting there is often a special activity. During this reporting time we made origami peace cranes, had a Christmas party and made orange-clove pomanders, enjoyed a reading entitled "UP," and made ugly sticks reflective of our personality. We hope to provide ugly stick/mummer entertainment when requested to community groups as well as the spring Parent/Daughter Banquet.

Girl Guide Project support:

- A tapestry was completed which will hang in the provincial building.
- One Member attended the Can-ta-ka-ya Guild's gem tree craft event.
- Money is collected at each meeting toward the World Friendship Fund.
- A fund raiser was held at the November Craft/Bake Sale held at the Community Center in Norman's Cove.
- A donation was made to the Memory Tree project of our local Girl Guide groups.
- Mummering and musical

entertainment was provided to local senior's lodge residents during a visit by local Girl Guide group members.

- A floral tapestry was completed and given to one of our members living with a chronic lung condition for which she had been recently hospitalized.
- Archive project is being supported through our being more intentional in collecting photographs and bringing a camera to our meetings. Photos are shared and given to our photo archivist.
- Christmas cards were sent to all Trefoil Guilds.
- Sympathy cards have been sent to bereave Guiders.

Community Outreach

- Our commitment to Canadian Blood Services continued with volunteering at the November Blood Donor Clinic and providing a reasonably priced supper of beef stew, biscuits and apple dumplings. We volunteered at the January Blood Donor Clinic and provided a supper of ham, beans, corn bread muffins and chocolate trifle.
- A donation was made to the Area Ministerial Association toward their Christmas food hamper project.
- Personal care items were collected for the O'Shaunessy House project, a transition house located in the Carbonear area.

The Olden Days

Sou'wester Trefoil Guild

Submitted by Eileen Gale

Hopefully everyone is enjoying winter! Some of our ladies continue to do Accelerated Reading with the Grade Two classes at Stephenville Primary. Our Guild had some difficulty getting together in the fall months since most of our members were away at some time or another. However, we did have several luncheon meetings for those who could attend. We discussed our aims and objectives for the upcoming year and made a list of the things we really wanted to get done.

Our Guild was invited to attend a Ranger event to discuss "the olden days" in Guiding. Our ladies really enjoyed the event and the

lunch.

For our Christmas project we decided to help out families in need and donated articles of clothing and toys to children and adults who were very appreciative to receive these articles at Christmas time. We attended the District Christmas dinner and exchanged gifts with other Guiding Members in the district. Of course, Christmas could not be complete until we dined out once again for our own Christmas luncheon and exchange of gifts.

As you can see from this report, our guild **loves** to go out to eat. On a sadder note, we attended the funeral of a Chicadee Trefoil Guild Member, Roxie Hudson in late November, and then in late January we attended the funeral of yet another Chicadee, Olga

Pieroway. We helped the Chicadees form a Guard of Honor at both funerals. We extend our deepest sympathy to all of them. At our January meeting we were very pleased to have Marie Meaney in attendance. She lives in Lourdes and can't often get to join us, especially in winter. We invited the Chicadees to join us on February 22nd for an afternoon of fun and relaxation. We had a short program to celebrate the day, made a craft, had a chat, and once again, there was food.

Some of us are planning to attend the Provincial Gathering at the Lion Max Simms Camp in May and looking forward to meeting old and new friends. Maybe we will see you there.



Members of the Sou'Wester Trefoil Guild

Golden Gems Trefoil Guild

Members of the Golden Gems with Rick Hansen



Gander Crossroads Trefoil Guild (article on front cover)



News For You is published twice per year and distributed to all Newfoundland and Labrador Trefoil Guild Members. Contact us at **News For You** c/o Marg Breen, Provincial Trefoil Guild Adviser, E-mail: mebreen@nl.rogers.com
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